

Brighter Living men’s Group

July - September 2022, Fridays 1-3pm at Southport Community Centre unless otherwise stated

1st July - Snooker

8th July – Merseyside Police talk on scams and fraud

15th July – Angela’s IOM talk part 2

22nd July – Shared Reading

29th July – Scarisbrick Bowling Club

5th August – Mini Golf

12th August – Scarisbrick Bowling Club

19th August – Shared Reading

26th August – Mindfulness Relaxation Session

2nd September – Southport Pier

9th September – Scarisbrick Bowling Club

16th September – Card & Board Games

23rd September – Shared Reading

30th September – Ten Pin Bowling